annual report 2010-2011



vision, mission, ethos and beliefs, core aims

> new vision

The vision of Foyle Women's Aid is to eliminate domestic violence in the community by working for, and with all women and children affected by domestic violence, to ensure their voices are heard and their needs met.

> mission statement

To provide safety and support for women and children who experience domestic violence.

To work for and with women and children to ensure their voices are heard and their needs are met.

To challenge attitudes and beliefs that perpetuates domestic violence as a form of violence against women.

what is domestic violence?

Domestic Violence is the intentional and persistent physical, emotional or sexual abuse of a woman and her children, in a way that causes pain, distress or injury and can lead to loss of life

"3,103 women and children supported by Foyle Women's Aid 2010-2011"

> core aims

To provide temporary refuge to women and their children suffering mental, physical or sexual abuse within the home.

To encourage the woman to take control of her own future, whether this involves returning home or beginning an independent life.

To recognise and care for the emotional needs of the children and young people involved.

To offer support and advice to any woman who asks for it, whether or not she is living in a refuge and to offer supportive aftercare to women leaving the refuge.

To educate and inform the public, the media, the courts, social services and other agencies, always mindful of the fact that the abuse of women is a direct result of the general position of women in our society.

Pathways

Marie Brown Director

24 Pump Street Derry **BT48 6JG**

T: (028) 7128 0060 F: (028) 7128 0061 E: marie.brown@ foylewomensaid.org

Residential and Support Centres

Marion Mullen **Residential Manager**

Address confidential

T: 02871 344499 F: 02871 318712 E: info@ashleywoodhouse.org

Rose House

Jo Corcoran 22 Pump Street Derrv

T: (028) 7137 1438 E: jo.corcoran @foylewomensaid.org

Strabane **Support Centre**

48 Railway Street Strabane BT82 8EH

T: (028) 7138 3240 F: (028) 7188 2785

Limavdv **Support Centre**

Foyle Women's Aid, LCDI 24D Benevenagh Drive Limavady

T: (028) 7776 9331

Women's Community Support Services

Waterside/Cityside

T: (028) 7132 9364 F: (028) 132 906

Childcare Unit

Rosin Hamill Childcare Worker

T: (028) 7134 4499

AVERT Training Ltd

Eleanor McGuckin

24 Pump Street Derry BT48 6JG

T: (028) 7136 3212 F: (028) 7128 0061 E: eleanor.mcguckin@ averttraining.com

Management Committee

Chairperson: Vice Chairperson: Secretary: Treasurer:

Mrs Eileen Maguire Ms Majella McWilliams Ms Margaret Logue Ms Jacinta McCool

Other Members

Ms K O'Leary/Gilliland Ms Eileen Webster Ms Sheila McNabb

Company No: NI23041 Registered Charity No. XN 48783/BT

where you can find us...

Directors Report 2010-2011

As I review the past year it is hard not to comment on the current financial climate and its detrimental impacts on families and indeed the community in the North West. We are already experiencing an increasing demand for our services across the area and within all projects. With increasing demand and decreasing budget Foyle Women's Aid have many challenges ahead to ensure that we continue to deliver and develop our projects and services that are crucial for families suffering domestic and sexual violence. Foyle Women's Aid has set some internal challenges and have developed a very innovative strategic plan and objectives to provide a more improved and sustainable service and accommodation, we are confident this process and plan will better address the complex needs of very vulnerable victims of abuse.

The Change Management process is being informed by research carried out across the projects with a range of service users and referral agencies. The final consultations and plan will be implemented in 2012 and will result in an improved cost effective service that will endeavour to meet the challenging and diverse family needs across Derry, Limavady and Strabane.

It is important that we acknowledge the hard work and commitment of all or our very skilled staff, management and volunteers who are patiently working through all the change, without whom we would not have a service.

As always Foyle Women's Aid remains committed to our various partnerships both at local and regional level across the statutory and voluntary sector.

The introduction of MARAC last January has been a very welcome and successful initiative that is having a direct impact on high risk victims and has greatly improved agency knowledge and co-ordinated responses. The MARAC has strengthened the relationships of agencies and this will in turn provide better services and experience of the victims. We look forward to the development of further interagency partnerships in the future.

We are pleased to congratulate the staff and management of Avert our sister company who have had great success and recognition as a company in delivering the much needed training at interagency and community level that helps us provide an informed response and knowledge of Domestic Violence within the North West Community.

Within this report we have given a brief overview of the activities throughout the year. However it is hard to record the immense volume of changing work and communication that is ongoing to ensure we meet our set targets and more importantly provide an open and welcoming accessible service to victims and survivors of domestic violence.

Marie Brown

Director Foyle Women's Aid

Chairperson's Report 2010/2011

Over the past year Foyle Women's Aid have continued to provide a consistently high quality service to women and children, in the North West area, who have been affected by domestic abuse. Foyle Women's Aid remain committed to meeting the wide ranging needs of service users and working in partnership with other agencies to address the need to completely eliminate all forms of violence and abuse against women and children in our society. The voices and experiences of service users remain important to the organisation and serve to inform best practice and underpin the work of Foyle Women's Aid.

Last year there was a significant increase in the demand for services throughout the City, Strabane and Limavady areas. Whilst this increase is somewhat concerning it also reflects confidence in the organisation to deliver an essential service to families in need. The increased demand on services has proved to be challenging to Foyle Women's Aid given the current financial and economic climate. Reduced resources and higher demand have led us to review the way in which services are delivered in order to ensure that we provide the most efficient and effective response. Despite these challenges and difficulties the managers, staff and volunteers have consistently provided a professional, quality front line service to victims of domestic abuse. The hard work, commitment, dedication and expertise of everyone in Foyle Women's Aid is greatly appreciated and widely recognised by service users, partner agencies and the wider community.

Foyle Women's Aid have continued to work strategically to assess, plan and implement a change process in order to meet the ever increasing and changing needs of service users. We are extremely thankful to everyone involved in the Development Advisory Group who continues to provide their time, expertise and support in order to progress the work, plan for the future and secure the sustainability of the organisation.

Foyle Women's Aid acknowledges and recognises the importance of working collaboratively and in partnership

with other statutory and voluntary agencies. Over the last year we have developed and further enhanced working relationships with numerous partner organisations in order to address domestic abuse and to ensure that service users receive a more holistic and co-ordinated service. These working relationships have proved extremely positive as they have served to enhance the knowledge and skills base of all professionals involved and have facilitated the sharing of resources. We are very grateful to all our partner agencies and look forward to continuing our close working relationships in the future.

I also like to thank all the staff, managers and volunteers in Foyle Women's Aid for continuing to work very hard to achieve targets and meet the needs of service users. I have no doubt that their work was very difficult over the past year given the cutbacks and reduced resources. However they should be commended for the innovative and creative ways in which they work in order to provide an equitable and accessible service. I would also like to take this opportunity to thank our funders. Without your contributions Foyle Women's Aid would not be able to provide a professional, quality service to families who are suffering from domestic abuse. We look forward to your ongoing support and can assure you that all contributions will be used in an appropriate manner to help make a difference to our service users.

I would also like to acknowledge the women and children who use our service. Foyle Women's Aid are committing to ensuring your safety and protection. We will continue to listen to your experiences and learn from them and also continue to strive to provide a high quality which will meet your specific needs.

Eileen Maguire

Chairperson Foyle Women's Aid





Ashleywood House Report April 2010 – March 2011

Residential Services continue to be filled to capacity. There is a marked increase in families needing multi-agency approach to address the diverse needs which are presenting.

Financial hardship, homelessness, addictions, mental and physical health issues are now an added factor to the current working/living environment.

We are living in challenging times and the impact on women and children's lives have greatly been impaired because of the added stressors. The current financial downturn has increased the burden of already struggling families.

Foyle Women's Aid has begun the process of improving our residential services. This is the start of our agency addressing some of the many concerns associated with domestic violence and communal living.

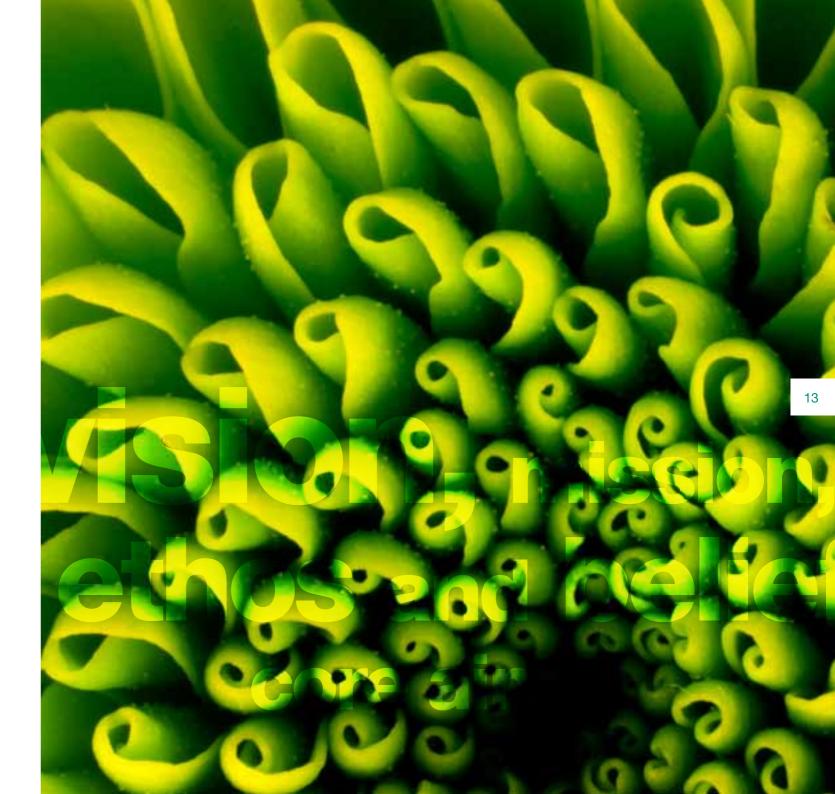
In the second second

Rose House Report April 2010 – March 2011

Rose House continued to operate at full capacity this year with demand for accommodation exceeding availability. Clients were referred from a range of agencies including the Police Service of Northern Ireland, Social Services, GPs, and internally from Women's Aid. This year saw a significant increase in the number of working women taking up accommodation in Pump Street citing financial hardship as a factor in their decision.

In addition to specialist support in relation to Domestic Violence and Safety Planning, support and sign-posting were also provided in regard to a range of related issues, including addictions, historical abuse, mental health, parenting, and debt.

Clients also attended group work and the Journey To Freedom and You and Me Mum courses and children availed of the services of Foyle Women's Aid Childcare Unit.



AGM Childcare Report

Since April 2010 Foyle Women's Aid Childcare Service has supported a large volume of children and young people through a variety of services including Crèche, After Schools, Prevention Programmes and one-one tailored support for individuals and families.

Domestic Violence is a significant social problem that affects both adults and children, studies show that these effects are both immediate and long lasting. The affects on our children and young people spread across all aspects of a child's life including education, self-esteem, social skills and health.

Within our Childcare Service we offer specialized programmes to combat the above including our You and Me Mum programme were with our mother's we discuss the effects of Domestic Violence on their children and them as a mum.

Helping Hands is our children's programme and is aimed at 5-11 year olds this promotes children's rights to safety and aims to develop self-esteem and confidence through fun activities.

Throughout the year we have a lot of fun trips including days at Creggan Country Park, Redcastle, Waterworld The play Trail. We also have ongoing activities for children in residential as Refuge life can be traumatic and difficult. The highlight of these being our Christmas Party at Ashleywood House.

We are hopeful that next year we will continue to maintain and improve upon our specialised Childcare Service.

"Thank you to everyone for everything, you all have helped me a lot and my life is now changed for the best with the kids. You will always be in my thoughts." "Thank you for having a safe, comfy house."

> "Journey to Freedom gave me the strength to leave, and made me realise what was actually happening in my life."

"I found the most useful thing about the programme was being able to openly at my own pace. Learning is knowledge I feel I have power now."

"Made me more aware that what I was experiencing is not normal or ok."

> "I am grateful and appreciate you letting me stay here and all of your help as well and taking your time to do things for me."

"Rosin, Thank you for everything for helping me and my kids bond and teaching me skills I had to learn, to love and to try my best to be a great mum."

"I learned a lot and miss the classes."

"I would first like to say that I felt very secure and safe and felt I could have my own space after coming from the abuse at home. Thank God for places like this. The staff are first class, without them I never would have known what or where to turn to."

> "I found Staff very helpful and this made me feel very secure."

"I realised that it was not just me in this situation also that none of it was my fault."

aff both for helping me through my Journey to Freedom."



Avert Training Goes From Strength to Strength!

September 2010 saw Avert Training become a 'Ltd' company and a 'Not for Profit' organisation, with all profits being gifted to Foyle Women's Aid.

In October 2010 we engaged our first employee to fill the post of 'Training Coordinator'. By the end of October 2010 Avert was invited to present to an Invest NI panel their business case for the expansion into the Republic of Ireland. On completion of the presentation Avert was successful in gaining the assistance of Invest NI to help market our services and to expand into the Republic of Ireland.

We feel that this is a great achievement for such a small and newly formed organisation. Moving onto November 2010, Avert Training became an OCN accredited training centre and since receiving centre accreditation we have successfully delivered a number of accredited programmes.

During 2010 we continued to deliver our children's and young people's programmes – 'Helping Hands' and 'Heading for Healthy Relationships' into schools in Derry, Limavady and Strabane. I would like to thank the local CSP's for their continued funding and support which has enabling us to deliver these 'preventative' domestic violence programmes into our schools.

Avert have also delivered Domestic Violence training workshops on behalf of the WHSST Social Services Training team and the Health Improvement Agency and I also wish to thank them for their on-going support.

We have appointed Baxter & Co as our company accountants and they have completed six month trading accounts to 31.3.11. These have showed a substantial profit for Avert and this is very good news for Foyle Women's Aid.

The future for Avert Training is very positive and we look forward to a very successful 2011-12.

Finally, I would like to thank the members of the Avert management committee for all their help and support during this year and I look forward to their continuing support in 2011-12.

Eleanor McGuckin

Business Manager Avert Training Ltd



PSNI "G" District Domestic Violence Unit Report

Since the formation of this unique working relationship in May 2010 a more rapid response and intervention has been progressed with victims of Domestic Abuse. This co-ordinated response has provided the victim with immediate information and emotional support to enable them to make informed choices relevant to their personal circumstances including assessment of the risks they face and legal needs. The experience brought to this joint partnership by Foyle Women's Aid workers has been invaluable in increasing confidence in police investigations and in the criminal justice system as a whole.

A statistical review of the number of repeat victims of Domestic Abuse has shown a reduction of such within all four policing areas managed by "G" District. These statistics are drawn for the periods May to September 2010 and 2011 respectively. This can be attributed to the victim's willingness to engage with police and their placing more faith in the Criminal Justice System. This willingness and faith has been encouraged, secured and profited through the victims' interaction with our criminal Justice Support Workers.

September 2011 saw an additional member to this partnership attached to CJSW but

On, mission, os and beliefs,

unfortunately, on the flip side, this past year has brought about a reduction in the Domestic Abuse Investigation Unit personnel by two members of our policing staff. The partnership continues to grow and all are determined to bring about, not only a reduction in repeat victims, but a reduction in all incidents of domestic violence. Shortly we will be visiting all response police stations within "G" District to better educated them on this type of crime, the work of the CJSW and the DAIU, and hence prepare these officers, who are the first point of contact, when a victim makes a report to police.

Adrian King

Foyle Women's Aid - Annual Report 2010-2011

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IDAP Report 2010-2011

The Integrated Domestic Abuse Programme (IDAP) is a group work programme specially designed for men who have offended against their partners or ex-partners. There are 28 weekly group work sessions on the programme and a number of individual sessions delivered by their Probation Officer.

IDAP is part of a community-based response to domestic abuse. As such, all female victims of men required to attend IDAP are offered contact from Women's Safety Workers, who work for Women's Aid.

IDAP is designed to help men take responsibility for what they have done and make changes in the way they behave in their relationships. The programme helps them to:-

- Learn about the effects of domestic abuse on them, their partner and their children.
- Identify the beliefs and attitudes which underpin violence and abuse.
- Learn skills and strategies to cope in difficult situations without being abusive or violent.
- Take specific, positive steps to change their behaviour in relationships.

The IDAP commenced in Derry in 2010 replacing the Men Overcoming Domestic Violence Programme that had been operating in the local area since 1998. IDAP, unlike MODV is a rolling programme, which means that men can enter the programme at various stages and not just at the beginning. This allows for greater flexibility. All participants have to complete 9 standard modules as per the IDAP manual.

Since its inception IDAP has been a great success, with positive feedback from facilitators, participants and other agencies. The structure of the programme has enabled participants to make connections between their beliefs, attitudes and behaviour.

To date 11 men have successfully completed the programme locally with another 4 scheduled to complete in the near future. An additional 6 men have recently started the local programme.

PBNI's Information and Research Department are gathering on-going data on all the IDAPs throughout Northern Ireland and an evaluation will be completed in due course.

In running IDAP, PBNI have worked closely with Woman's Aid and other agencies to ensure the safety of women and children and the effectiveness of the programme.

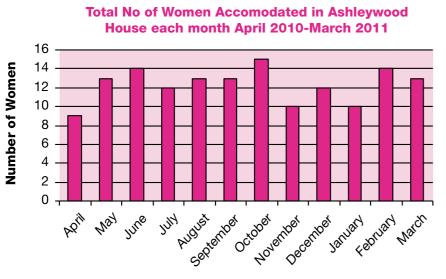
John O'Kane

Programme Manager





Ashleywood House and Rose House Statistics 10-11



Month

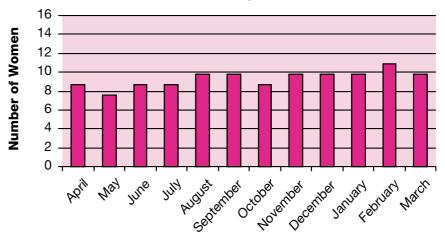
Month	Expected occupancy each month	Throughput of women each month
April 10	90%	82%
May 10	90%	118%
June 10	90%	127%
July 10	90%	109%
Aug 10	90%	118%
Sept 10	90%	118%

Foyle Women's Aid - Annual Report 2010-2011

Month	Expected occupancy each month	Throughput of women each month
Oct 10	90%	136%
Nov 10	90%	91%
Dec 10	90%	109%
Jan 11	90%	91%
Feb 11	90%	127%
Mar 11	90%	118%

Ashleywood House and Rose House Statistics 10-11





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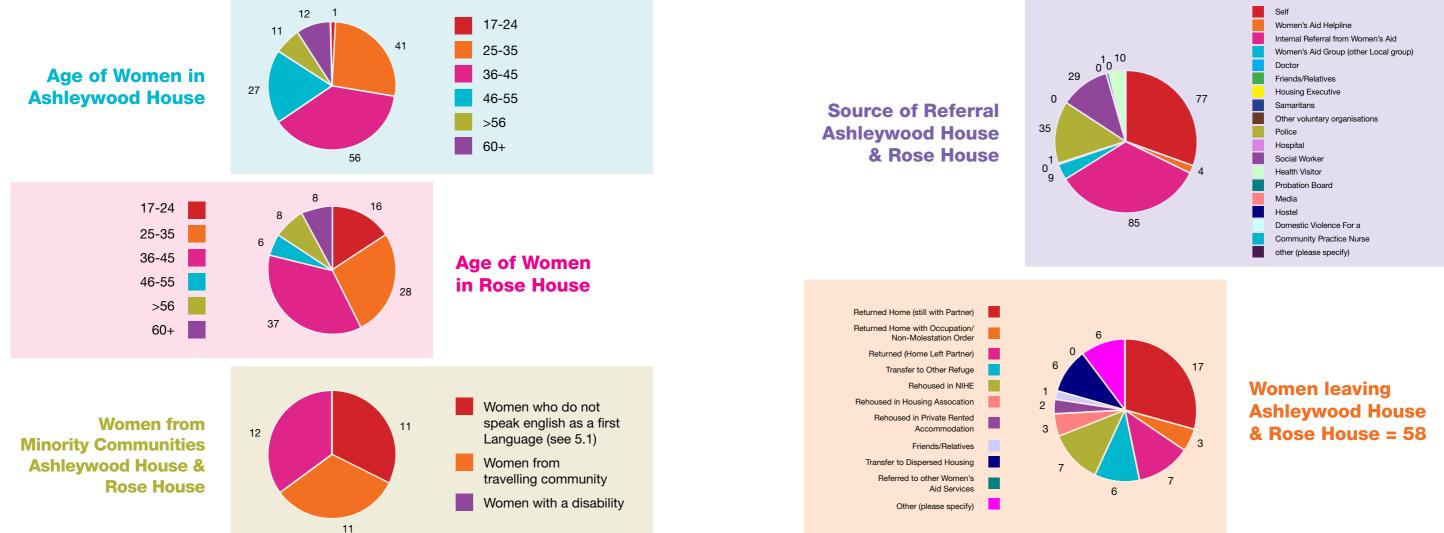
Month	Expected occupancy each month	Throughput of women each month
April 10	90%	100%
May 10	90%	88%
June 10	90%	100%
July 10	90%	100%
Aug 10	90%	113%
Sept 10	90%	113%

nth

Month	Expected occupancy each month	Throughput of women each month
Oct 10	90%	100%
Nov 10	90%	113%
Dec 10	90%	113%
Jan 11	90%	113%
Feb 11	90%	125%
Mar 11	90%	113%

Ashleywood House and Rose House Statistics 10-11

Ashleywood House and Rose House Statistics 10-11



IDAP Stats for the Year 2010-2011

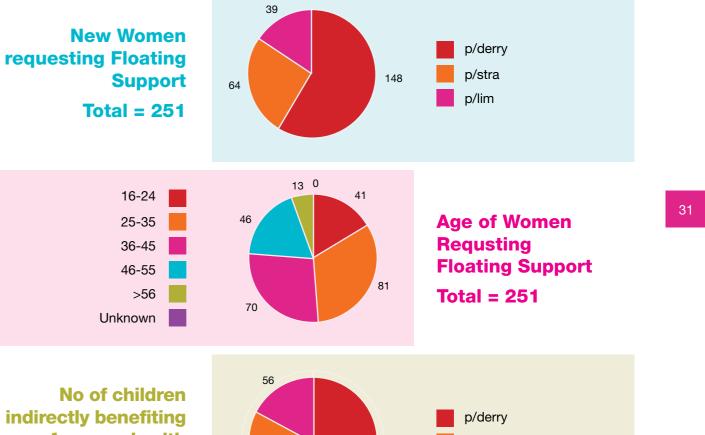
Integrated Domestic Abuse Programme Statistics for April 2010 – March 2011

А	В	С	D	E	F	G	н	I	J	К	L
Prog (1) 9	10	8	5 (9 Children)	3	4	1	16	44	21	9	3
Prog (2) 10	10	7	6 (10 children)	3	2	2	8	36	10	2	3
Total = 19	20	15	11 (19 Children)	6	2	3	24	80	31	11	6

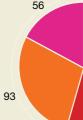
Key

- A Number of Referrals from Probation Board NI (men)
- Number of Women Referred from PBNI and Contacted (B = D+F+G) В
- Total Number of Women Assessed Initially С
- Of these, the Number of Women who agreed to take up IDAP D
- Of these, the Number of women who took up F/S Е
- Number of women who refused to take up IDAP or F/S F
- Number of women who could not be tracked down. G
- Number of one-to-one contacts (face to face contact, should include any planned one-to-one н contacts where the women has not been there).
- Number of all other contacts/actions with the women (this includes contact from WSW to women and vice versa).
- All other actions/contacts (e.g referrals, MARAC, contact with PBNI, PSNI, Social Services, J Outreach and/or other agencies, again this should include contact initiated by WSW as well as received contact.
- IDAP meetings (should include all types of meetings re: IDAP) Κ
- Women whose partners/ex-partners have been removed from the programme)

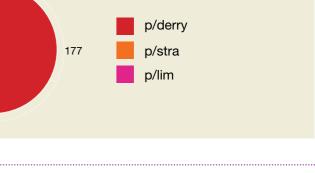
Statistics for F/S for 2010-2011



indirectly benefiting from work with the mother Total = 326



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Statistics for F/S for 2010-2011

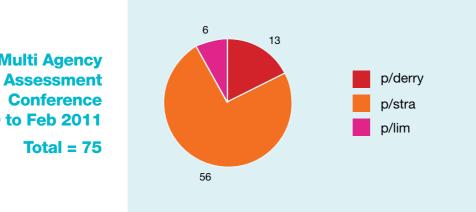
Statistics for F/S for 2010-2011

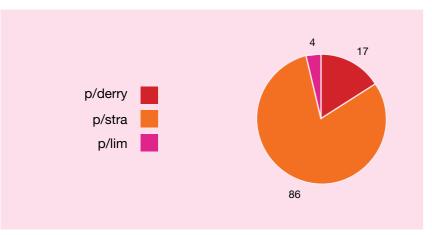


Statistics for F/S for 2010-2011

The main aim of the MARAC is to reduce the risk of serious harm or homicide for a domestic abuse victim and to increase the safety, health and wellbeing of other victims, both adults and any children.

Number of Multi Agency Risk Assessment Aug 2010 to Feb 2011



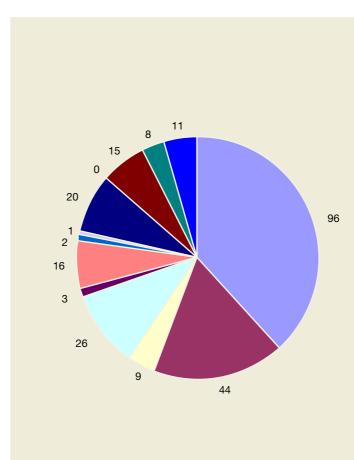


Number of Children in Familes involved in **Multi Agency Risk Assessment Conference**

= 107

Statistics for F/S for 2010-2011

Source of Referral to Floating Support 2010-2011



Self
Police
Health visitor
Social Worker
Doctor
Community Mental Health
Housing
Solicitor
Friend/Relative
Hospital
Probation
Temporary Housing Provider
Freephone DV Helpline
Other Women's Aid Group
Other Voluntary Organisation
Other

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Statement of Financial Activities (Including Income & Expenditure Account) for the Year Ended 31 March 2011

Income and Expenditure Incoming Resources	Notes	Total Unrestricted Funds £	Total Restricted Funds £	Funds 2011 £	Funds 2010 £
Voluntary income Northern Ireland Housing Executive Activities for generating funds:	3	0 0	159908 578203	159908 578203	230844 567218
Training Fees, donations, and fundraising Investment Income	4	236415 <u>0</u>	15577 <u>0</u>	251992 <u>0</u>	35538 <u>157</u>
Total Incoming Resources		<u>236415</u>	753688	<u>990103</u>	<u>833757</u>
Resources Expended					
Charitable activities Governance costs	5 5	0 <u>0</u>	720938 <u>11173</u>	720938 <u>11173</u>	791555 <u>10597</u>
Total resources expended		<u>0</u>	<u>732111</u>	<u>732111</u>	<u>802152</u>
Net incoming resources before transfers Transfers between funds	6	236415 <u>0</u>	21577 <u>0</u>	257992 <u>0</u>	31605 <u>0</u>
Net incoming resources for the year		236415	21577	257992	31605
Other recognised gains and losses		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Net movement in funds Reconciliation of funds		<u>236415</u>	<u>21577</u>	<u>257992</u>	<u>31605</u>
Balance brought forward 1 April 2010		365048	<u>376550</u>	<u>741598</u>	709993
Balance carried forward 31 March 2011		<u>601463</u>	<u>398127</u>	<u>999590</u>	741598

Balance Sheet as at 31 March 2011 (Company limited by guarantee and not having a share capital)

	NOTES
FIXED ASSETS Tangible Assets	9
CURRENT ASSETS Sundry debtors Cash at bank and in hand	10 11
CURRENT LIABILITIES Bank loans and overdrafts Sundry creditors	12 13
NET CURRENT ASSETS	
NET ASSETS	
THE FUNDS OF THE CHARITY Restricted income funds Unrestricted income funds General	14
The accounts were approved by the Trustees on 27 Octo	ber 2011

The income and expenditure summary as required to be disclosed by the Companies Act 2006 is included at note 16.

The above amounts relate to continuing operations of the company.

The company has no recognised gains and losses other than any included above and therefore no separate statement of total recognised gains and losses has been presented. There is no differencebetween the net incoming resources for the year stated above and their historical cost equivalents.

£	2011 £	£	2010 £
	637948		651080
260373 <u>198864</u> 459237		37005 <u>145304</u> <u>182309</u>	
50090 <u>47505</u> 97595		63281 <u>28510</u> <u>91791</u>	
	361642		<u>90518</u>
	<u>999590</u>		<u>741598</u>
	398127		376550
	<u>601463</u> 999590		<u>365048</u> 741598





Thank You to All Our Funders

Our thanks to all the agencies listed and to all the wonderful individuals, organisations and companies who supported our work so generously during the year.

Company Registration Number: NI 23041

Date of Incorporation
6 September 1981

Charity Number: XN48783/BT

Auditors: Noel Duddy & Co Ltd Bank: Northern Bank

Solicitors: Caldwell & Robinson Solicitors