



POD 15 AIMS TO

- Raise self-esteem in children, young people and carers.
- Build confidence
- Promote healthier life choices
- Create awareness
- Support children, young people and carers to build skills and knowledge
- Goal setting
- Offer a safe space



Foyle
**Women's
AID**

teen link

www.teenlink.co.uk
www.teenlinkapp.co.uk



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Children & Young
People Centre

Sweet Peas Crèche &
Active Learning Centre

Providing an inclusive safe
and caring environment for
children and young people

SERVICES PROVIDED AT POD 15



SWEET PEAS CRÈCHE

Our aim is to provide a safe, nurturing environment for children.

Services include:

- Family Support
- Crèche
- After school provision
- Group work programs include:
 - Helping Hands
 - Heading for Healthier relationships
 - Protective behaviours
 - Cook-it



FAMILY SUPPORT

Mother & child time in the new specially designed centre:

- Structured play sessions
- Bake/story time/outdoor activities
- Mother & Toddler groups
- Parenting support
- Rebuilding bonds
- Baby massage and a range of activities to support mothers and their children from abuse to recovery

LEARNING

Will be available for all children. Fun activities, games, outings, with resources for homeworks and projects.



SUMMER SCHEME

Summer Scheme is available during school holidays that includes outings and family fun days :

- Arts and crafts / messy play day
- Trips to swimming pool
- Visits to local library
- Farm / Zoo days
- Picnics
- Beach trips

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PROGRAMMES OFFERED:

- *Rolling 10 week programme*
- *1-1 support*

Teenlink is a unique program tailored to the needs of children and young people living with or effected by domestic and sexual violence. We offer 1-1 support for young people with the opportunity to be part of a group work program that will offer not only professional but peer support .



- *Opportunities to meet new friends*
- *Weekly youth service*
- *Social activities*
- *Outdoor pursuits*
- *Summer scheme / Residential*



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PREVENTION PROVISION PROTECTION