



Annual Report

2014 - 2015

Foyle
Women's
AID



Foyle Women's Aid

Annual Report 2014 - 2015

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VISION, MISSION

ETHOS AND BELIEFS

CORE AIMS

Vision:

We will create a centre of excellence that leads in partnership working to develop and sustain non-violent, healthy communities in the North West.

Purpose:

We exist to eliminate violent behaviour by supporting all victims of abuse through support, prevention, protection and justice.

Respect:

We treat others with equality and fairness.

Understanding:

We strive to understand the needs, fears and wishes of others.

Shared Learning:

We are committed to exchanging knowledge, experiences and ideas.

Trust:

We build open and honest relationships, and act with integrity and confidentiality.

Non-Judgmental:

We respect the right to hold opinions and the choices of others, even though they might be different from our own.

Challenge:

We advocate and question to empower all to make changes and reach their goals.

TOTAL NUMBER OF WOMEN AND CHILDREN SUPPORTED
BY Foyle Women's Aid in 2014-2015 = 2,901

WHERE CAN YOU FIND US

One number for all Services: 028 71416 800

PATHWAYS

Marie Brown

Director
24 Pump Street
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(Social Economy Business)

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Vice Chairperson

Chairperson

Treasurer

Assistant Treasurer

Director

Director

Mrs Eileen Maguire

Ms Eileen Webster

Ms Margaret Logue

Ms Jacinta McCool

Ms Anne Marie Harkin

Elizabeth Kennedy

Company No: NI23041

Registered Charity No: XN 48783/BT

Risk Management

The Directors, on an ongoing basis, consider the main strategic business and operational risks that the organisation faces. The Directors confirm effective controls and reporting systems are in place to lessen these risks.

MANAGEMENT
COMMITTEE

Director's Report 2014-15

This year, we can report a very busy and challenging year as, once again, Foyle Women's Aid – as the leading domestic abuse service in the Foyle area – has extended and exceeded targets in order to reach women, children and young people who are suffering the devastating impacts of this heinous crime.

Yet again, the regional and local statistics of domestic abuse and families seeking support from Foyle Women's Aid has increased this year. Staff, Management and volunteers have worked hard and have risen very successfully to the immense challenges of meeting the increasing and diverse needs within our focused and well established range of projects and services. This work is all evidenced within the statistical section of our report. We have extended the service provision; our reach to rural and minority women has increased; participation and engagement across the services has never been higher; and evaluation and feedback from our service users has been very positive.

The Support Team in Foyle, supported by the Admissions and Safety Team, have exceeded all targets set for the year. This level of commitment has to be given recognition, especially at this time when we have suffered from the ongoing freeze on budgets, political lack of clear strategy and support around domestic and sexual abuse, which are all circumstances that have a cumulative negative impact on support services and resources for high levels of the most vulnerable families suffering from the heinous crime of abuse. We continue to support the 'Keep on Supporting People' campaign to highlight the need and protect these services. We have attempted to demonstrate a snapshot of our work that can be reviewed throughout this report. However,

what cannot be captured easily is the day-to-day crisis work that takes place in Foyle, the trauma endured by families suffering domestic abuse and the readiness of staff teams to go that extra mile to respond.

The focus of Foyle Women's Aid is, as always, consulting, listening and ensuring that women's voices remain at the forefront of our own developments, and that we ensure that their experiences and voices are heard and taken account of within local government policy. We would like to thank Louise Kennedy at WAFNI for the tremendous hard work, enthusiasm and tenacity ever present in her consultations and lobbying campaigns raising the issue of domestic abuse and the needs of all those effected. We will continue to work with her, so that we can affect the necessary change that needs to happen here in Northern Ireland to ensure the human rights violations that are happening to those impacted by domestic abuse are addressed fully by the NI Government within strategies and action plans.

On a local level, we continue to work on fulfilling our own strategic objectives to maintain, improve and build on our core services. These services underpin the three key themes of Provision, Protection and Prevention of abuse. We are working in challenging and uncertain times, and the instability of our government here in Northern Ireland makes it even more difficult to get clarity and support to close the final gap in funding for the innovative interagency project, the Family Justice Centre: One Safe Place, which has been carefully planned in Foyle to increase and improve direct access to a range of interagency services to all victims and to address the barriers and gaps currently existing for the very high statistics of abuse victims coming forward for services in the Foyle area.

We have met with all of our political representatives here, as well as the Deputy First Minister, who was supportive of the project.

Foyle Women's Aid has continued to make prevention a priority and our Teenlink project continues to develop and grow, with the active participation of the young people using this crucial and much-needed service. We have completed plans and secured planning permission and funding to develop a purpose-built children and young people's centre – a specifically planned, designated building that will provide a much-needed child- and youth-friendly space.

The activities within will have the children at their heart, a clear focus on the development of a model training programme and service, addressing the health, wellbeing, protection and prevention of abuse. The objective of the service is to ensure that children and young people are no longer ignored, or referred to as the “hidden victims”. The ethos of this service will be to ensure that they are at the heart of the service; their experiences and voices are heard and understood; and their needs met. We would like to thank the Big Lottery Fund for funding Teenlink, which was a significant key milestone project to help us on our way to the development of this much-needed service.

Our interagency work is growing from strength to strength and this can be reviewed throughout the report. Working collaboratively across agencies provides a better outcome for all of our service users, and the staff at Foyle have excellent working relations with all the key agencies and have built on ongoing partnerships to ensure greater communication and, where possible, to share facilities and resources.

I would like to acknowledge and thank our staff, volunteers and student placements, all of whom provide a very valuable mix of skills, knowledge and commitment to providing a quality service. Team cohesion is the key to our success and is ongoing across the projects to ensure resources supporting women and children within the various

roles that they undertake across the projects. We in turn ensure that they are provided with the necessary support, training and development opportunities.

Without our funders, the crucial work of this organisation would not exist, so we are always grateful for their help, both in monetary terms and via their support and guidance, and the understanding and recognition of our achievements, vision and goals.

I would like to thank all of those organisations and individuals within the community who support our work on a weekly basis with all sorts of kindness and donations. Your help is really appreciated and ensures that we have remained the grassroots organisation set up by women, with women, for women – and that our community support is still as strong as ever.

Marie Brown
Director

Support Services 2014-2015

Objective 1

To support victims of sexual and domestic abuse and their families

Referral Services 2014-15

	Total	Engaged
Community Support	514	363 (70.6%)
Criminal Justice	327	165 (50.4%)
Accommodation	150	47 (30%)
Court Support	235	235 (100%)
Total referrals processed:	1226	(66%)

Accommodation 2014-15

	Target	Actual
Rose House	93%	94%
Ashley Wood	93%	89% (22 units)
Length of Stay	4 mths	3 mths
Women	69	83
Children		51

Community Support 2014-15

	Target	Actual
Clients	268	363
Appointments	1,612	2,091

Criminal Justice 2014-15

	Target	Actual
Clients	160	165

Support Services 2014-2015

Objective 3

To increase access to justice for victims of domestic and sexual violence, and reduce repeat victimisation

Court Support 2014-15

	Target	Actual
Referrals	150	235
Court appearances	130	143
NMO's	160	105
Repeat victimisation	26%	18%

MARAC 2014-15

	Target	Actual
MARAC meeting attended	26	26
Actions completed by CJ	100%	100%

Admissions and Safety 2014-15

	Target	Actual
Admissions	n/a	57
Exits	n/a	54
Health and Safety checks	104	94
Repairs reported	n/a	42 (RH) 121 (AWM)
Fire drills	n/a	19
Set-up for meeting/training	n/a	254



Teenlink Open Day

Support Services Report 2014-2015

Foyle Women's Aid's Support Service provides a range of accommodation and support services to women and children who have experienced, or are at risk of, domestic and sexual violence.

Objectives for the Support Team identified in the Strategic Plan 2012-2016 were:

- To support victims of domestic and sexual abuse and their families; and
 - To increase access to justice for victims of domestic and sexual violence, and reduce repeat victimisation.
- There was a significant increase in demand for all services this year and our impact was as follows:
- A total of 47 women and 51 children lived in our secure short-term emergency accommodation during the year.
 - 363 women were supported by the Floating Support Team. The number of appointments carried out in the community rose from 1,612 to 2,091.
 - 1226 women made contact and accessed information through our Pathways service.
 - 165 women were supported by our Criminal Justice Workers.
 - 235 women were supported by our Court Support Service.
 - 121 women took part in group work programmes, such as: Journey to Freedom; The Power of Words; Building Healthy Relationships; and You and Me, Mum.

ACCOMMODATION SERVICE - *"I am just so grateful to have somewhere safe to be. I am feeling very emotional at the moment, so not always my usual self. The staff are so understanding about this and are so, so patient with me. It is just what I need now. I really don't know what would have become of me if I hadn't found Foyle Women's Aid when I did. "*

Demand for accommodation at our secure, independent units continued to be high – with the service only able to accommodate a third of all referrals received. At times of full occupation, applicants were referred to other Women's Aid accommodation or signposted to other agencies to find a suitable alternative. Families were supported to move on to permanent accommodation in the L'Derry, Strabane and Limavady areas.

FLOATING SUPPORT - *"When life was tough on me and I felt that I was all alone and I could not cope anymore, you came in and guided me through the ups and downs. Thank you."*

Client engagement was a key target for the Floating Support Team this year. Due to the nature of domestic and sexual violence and the high levels of risk and fear among women coming forward for help, Support Workers focussed on the best approach to foster trust and confidence in the service. A range of initiatives were introduced including the introduction of a centralised referrals system and the employment of a Support Services Administrator to immediately assess incoming referrals and reduce waiting times for appointments. The number of referrals increased significantly, but also the engagement rate. The target for engaging referrals for Community Floating Support was exceeded by 35%.

Support Services Report 2014-2015

CRIMINAL JUSTICE /COURT SUPPORT/WOMEN'S SAFETY WORKER SERVICE – *“The shock of having to go to court was terrible. I felt like the accused. Your wisdom and patience made me see the situation for what it was and I did get through it – like you said I would. Invaluable service.”*

Access to justice for victims of domestic and sexual violence and the reduction of repeat victimisation was another key objective for Foyle Women's Aid Support Services this year. The two Criminal Justice Workers, who provide a rapid response to women who are seeking protection and redress through the legal system, supported 165 women this year, an increase on the previous year. Foyle Women's Aid continues to refer to and sit on the Multi-Agency Risk Assessment Conferences (MARACs), designed to provide protection for high-risk victims of domestic abuse. All MARAC meetings were attended by Foyle Women's Aid and safety actions completed. Repeat victimisation went down from 26 percent to 18 percent this year. Court Support was provided to 263 women, including 143 attendances at court and 105 applications for Non-Molestation Orders. Foyle Women's Aid Safety Workers continued to provide support to women whose partners were taking part in the Probation Service of Northern Ireland's perpetrator programme, IDAP.

GROUP WORK - *“Can't believe tonight is the last night of Journey to Freedom... I am going to miss it... It has helped me in ways that I never imagined. The entire Journey to Freedom programme has helped me to slowly build myself up again and for that I am eternally grateful.”*

Journey to Freedom was delivered to 70 women in the L'Derry, Strabane and Limavady areas this year, along with Protective Behaviours and Building Healthy Relationships.

ADMISSIONS AND SAFETY - *“Thank you for a nice welcome and support. It means the world to us and we are forever grateful.”*

This team of workers who are often the first contact for clients provided a warm welcome to 57 families coming into our accommodation this year. Their role is to make the experience as easy and stress-free as possible for families who have had to leave their homes, often in distressing circumstances. They provide practical assistance and carry out all the Health and Safety checks in the accommodation and offices. Also on hand to ensure smooth exits from the accommodation – 54 in total this year – this team provides cover from 9am until midnight across all sites.

STAFF TRAINING

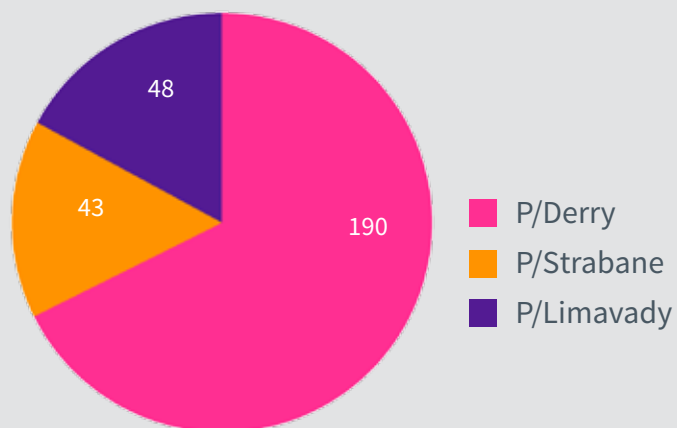
There was a range of staff training this year, with a particular focus on the new IT system (OSKA), used to record client information.

The changeover from paper files to electronic recording has been challenging, but ultimately successful. In addition to mandatory core training, staff also attended the following training: Suicide awareness and prevention; Non-Violent Resistance Intervention Training for Child to Parent Violence; Understanding and Managing Psychological Trauma; Improving Responses to Rape and Sexual Assault; Engaging and Empowering Service Users; Supporting Families Affected by Domestic Abuse Using DARS Toolkit; Sexual Health; Mental Health First Aid; Cook It Programme; Introduction of Body Worn Cameras by PSNI; Data collection and Protection; Helpline and Telephone Skills.

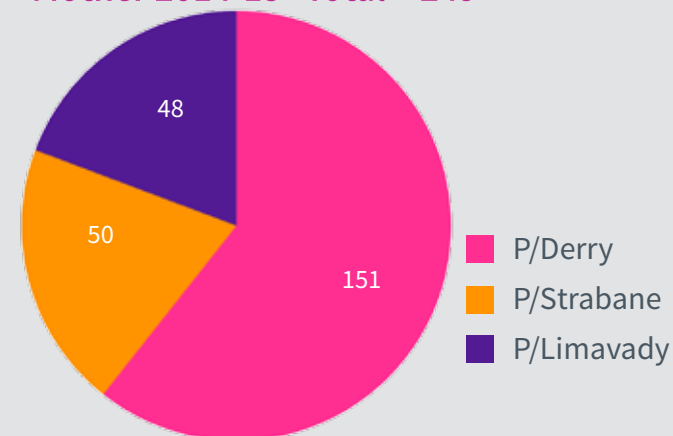
CRIMINAL JUSTICE WORKER STATISTICS 2014-15

Increase Client Engagement (Objective 1, Objective 2) Responding to risk and crisis (Objective 1, Objective 3)

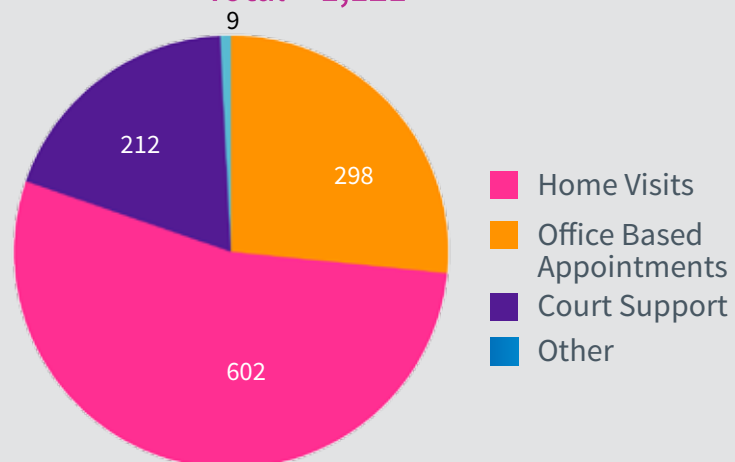
New Women Requesting Support from Criminal Justice Workers 2014 - 15 Total = 281



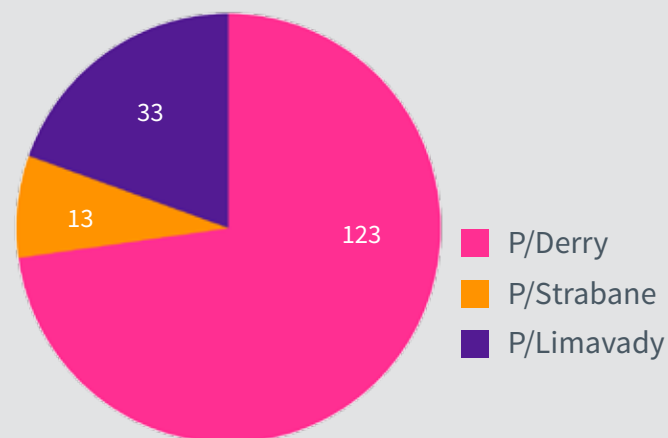
No. of children Indirectly Benefiting from Work with Mother 2014-15 Total = 249



Criminal Justice Workers Direct Contact 2014 -15 Total = 1,121

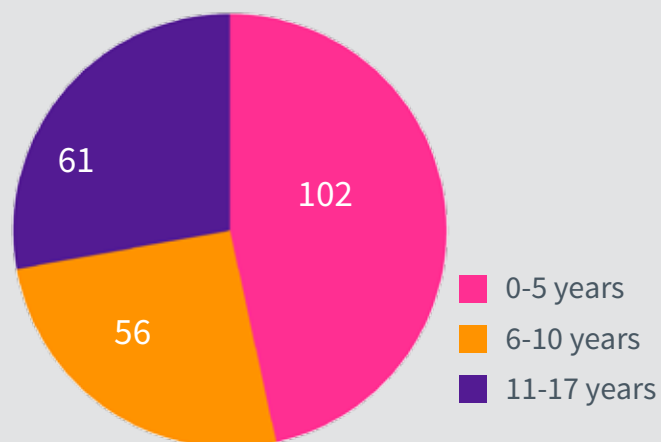


Criminal Justice Worker Multi Agency Risk Assessment conferences 2014 -15 Total = 169

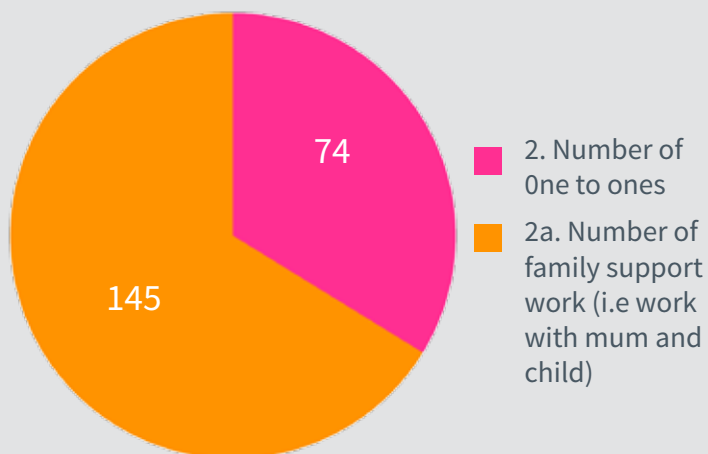


Children & Young People's Services 2014 -15

Age of Children & Young People Using Service 2014-15
Total = 219



Type of Support in Children & Young People Service
2014-15



Ashleywood Mews Statistics 2014-2015

Total number of Women Accommodated in Ashleywood Mews each Month April 2014-March 2015



Month	Maximum Expected occupancy each month	Throughput of women each month
April 2014	90%	121%
May 2014	90%	136%
June 2014	90%	114%
July 2014	90%	100%
August 2014	90%	100%
Sept 2014	90%	100%
Oct 2014	90%	100%
Nov 2014	90%	85%*
Dec 2014	90%	93%*
Jan 2015	90%	93%*
Feb 2015	90%	85%*
Mar 2015	90%	93%*

* throughput here was due to repairs and maintenance & adaption to disabled use in one of the properties.

CHILDREN AND YOUNG PEOPLE'S SERVICE, APRIL 2014 – MARCH 2015

At Foyle Women's Aid, our Children and Young People's service has continued to grow and support families with children of all ages, through crèche, afterschool, group work programmes, summer scheme, seasonal trips, activities and family support.

At present, we are waiting for our new Children and Young People's Centre to be built and everyone is looking forward to this. Through consultations with children and young people and our graphic design company, the name for this centre will be POD15. This fits extremely well as there will be a purpose-built, soundproofed pod within the centre where people can go to have a quiet space or when they need to speak to someone.

This centre will be a fun, creative, lively and supportive space, with children and young people always being at the forefront of planning and services tailored to their needs.

Early Years

Our crèche continues to run from one of our residential units onsite at Ashleywood Mews. This has allowed us to support families in residential, and also community based-families coming in for support appointments and to attend groups with Avert. We had our Sing and Grow programme with a weekly session from a music therapist with mothers and babies. Storytelling from local libraries came along once a fortnight to introduce books to the families at our Stay and Play sessions. We have had 102 children use crèche sessions throughout this year.

Group Work

Our Helping Hands programme runs throughout the year for children aged between 6-11 years old. This programme promotes safety, helps to develop a support network, helps children to recognise and name feelings, and also to understand when they may be in an unsafe situation. Our Teenlink programme is currently running on a weekly basis. We have been receiving referrals from a variety of both statutory and voluntary agencies and, at present, we have 70 young people on our database.

Two groups run side by side – under 12s and 13 plus – to support the different needs of the children and young people attending Teenlink. Participants are reporting that Teenlink has helped them to communicate more. They also feel more confident and find it easier meeting new people.

From September to March, we have had two 10-week rollouts of this programme with up to 14 children and young people attending the group on a weekly basis. Seasonal events that have happened throughout the year were our Annual Easter Hunt, with families coming along to go on an egg hunt, take part in arts and crafts and enjoy a fun relaxing day with their children.

CHILDREN AND YOUNG PEOPLE'S SERVICE, APRIL 2014 – MARCH 2015

The Halloween Party at Ashleywood Mews was a great success, with children and young people dressed up for the occasion. We had tricky treats and frantic fun with our disco and party. Our Christmas event was enjoyed by many this year at Ashleywood Mews and we invited people who donate to come along and see what we do with the monies and gifts we receive each year.

We also had a private party for residents only, who enjoyed a visit from Mr & Mrs Claus who presented all women and children with a gift.

The Barrontop Fun Farm was onsite with reindeer and a small petting zoo. Kids all enjoyed finding out about the animals and I think a few wanted to change their Christmas list afterwards! We had music in our courtyard that set the scene for our official switch-on, performed by the Major of Derry/Londonderry, and the girls from St. Cecilia's College entertained us with a beautiful carol service.

Our Summer Scheme took place throughout July and August, with family days away as well as a structured play scheme for residential families four days per week.

Fun was had on trips and activities all summer, with days away on our minibus. Here are some of the things we did:

- Park trips
- Forest walks & picnics
- Movie Bowl
- Bananas Adventure Park
- Belfast Zoo
- Lurgybrack Fun Farm
- Loughs Agency River Watch
- Beach
- Redcastle
- Waterworld Portrush
- Family BBQs

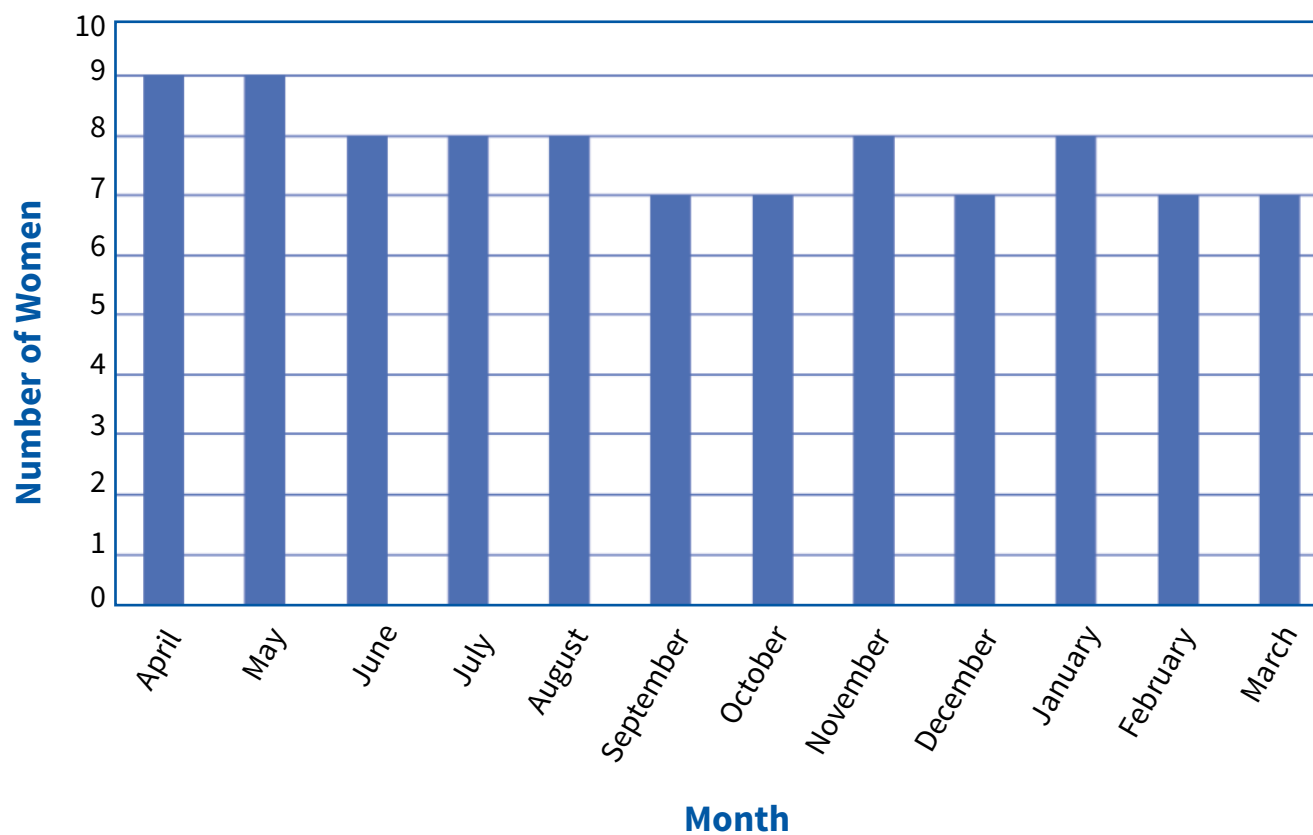
Rosin Hamill
Youth Worker



Easter Hunt

Rose House Statistics 2014-2015

Total number of Women Accommodated in Rose House
each Month April 2014-March 2015



Month	Maximum Expected occupancy each month	Throughput of women each month
April 2014	90%	113%
May 2014	90%	113%
June 2014	90%	100%
July 2014	90%	100%
August 2014	90%	100%
Sept 2014	90%	88%*
Oct 2014	90%	88%*
Nov 2014	90%	100%*
Dec 2014	90%	88%*
Jan 2015	90%	100%
Feb 2015	90%	88%*
Mar 2015	90%	88%



Women's Crafts

* throughput here was due to repairs and maintenance of the properties

Staff Training Completed April 2014 - March 2015

Objective 5:

To ensure sufficient and skilled staff are in place to meet Foyle Women's Aid objectives.

- Health & Safety
- Child Protection
- Staff Coaching
- ASIST
- NVR Training
- OSKA
- Helpline & Telephone Skills
- Ireland Funds Workshop
- Domestic Abuse & its Impact on Children
- New Worker Training
- Cook It Programme & Food Safety Awareness
- First Aid & Mental Health
- Social Media Strategy for Profit
- Advanced Twitter
- Advanced Facebook
- Basic Awareness & How to Ask the Questions
- Data Collection
- My Body, Your Body, Every Body
- Food Safety in Catering
- Paediatric First Aid
- Non-Violent Resistance Intervention Programme for Child to Parent Violence
- Inclusive Games Training
- Disciplinaries & Grievances
- Safeguarding Children is Everybody's Business
- Tackling Violence Against Women & Girls
- Families Experiencing Domestic Violence & Child Contact
- Understanding & Managing Psychological Trauma
- Improving Responses to Rape & Sexual Assault
- Customer Service Excellence Gold Star Programme
- Managing Difficult People
- Creating Choice: Delivering Change
- Planning for the Future: Mental Health & Learning Disability
- Building Better Relationships Programme
- Minibus Driving
- Engaging & Empowering Service Users
- Parent-Teen Communication
- Foetal Alcohol Spectrum Disorder
- Policy & Procedures in Child Protection
- Nurturing Our Children in the Early Years
- Leadership for Children's Care, Learning & Development
- Supporting Families Affected by Domestic Abuse Using the DARS Toolkit
- Falls Prevention for Leaders of Older Groups
- HIV, STIs & Contraception
- Resilience Under Pressure
- Successful Bidding Workshop
- Housing Benefit Training
- Child Health Forum

Social Media Statistics 1st April 2014 - 31st Mar

Twitter

Our twitter statistics only go as far back as September 2014:

Total Followers by March 2015 – 821

Total New Followers from Sept 14 – Mar 15 – 308

Total Profile Visits Sept 14-Mar15 – 1062

Total Mentions Sept 14-Mar 15 – 158

Average Tweet Reach – 6540 per month

Facebook

Total Page Likes by 31st March 2015 – 748

Total New Likes from 1st April 2014 – 300

Average Post reach per week April 14-March 15 – between 2,500 and 3,500 per week

Website

Website statistics are only available since December 2014

Total Sessions 1st December 2014-31st March 2015 – 229

Total Users 1st December 2014-31st March 2015 – 172

Total Page views 1st December 2014 – 31st March 2015 – 237

75.1% of these were new visitors to the website, 24.9% repeat visitors

Our impact on social media is steadily improving all the time. Our followers on both Facebook and Twitter are increasing on a daily basis. We make sure there are several posts on Facebook and Twitter on a daily basis, either by posting any of our news, photographs and information, sharing current national and international news stories on domestic abuse, or by sharing and retweeting posts from other organisations that we are linked with. We are also researching other social media platforms to see whether or not they are suitable for us. We are keeping our website current and starting to do more blog posts to keep people interested in it.

AVERT TRAINING REPORT 2014/2015

April 2014 - March 2015 was a good year for Avert Training and the delivery of training programmes.

We secured funding from the Red Nose Day Community Cash Fund (Community Foundation for Northern Ireland). This vital funding supported Avert to deliver the 6-week Protective Behaviours programme in the Limavady area, which enabled these women to explore and express different feelings, identify their own support network, be aware of early warning signs in relationships and seek support when needed.

We are glad to announce that, once again, we have secured further funding from the Community Development Health Network (CDHN) to run another Pharmacy Health Education programme, which was a very successful programme for 2014-2015. Reported outcomes from the women showed how participating in this programme assisted those women to move on in their lives and better manage stress and trauma related to their experience of domestic abuse.

Once again, we are thrilled and would like to take this opportunity to show our appreciation to the John Moore's Foundation for continuing to fund a much-needed programme in the Limavady area. This will help Avert to continue to challenge informing attitudes and behaviours by increasing public awareness of domestic abuse, and building community capacity to effectively respond to the needs of those affected by domestic abuse.

I would like to thank the Community Foundation for Northern Ireland, CDHN and John Moore's Foundation for their continued funding and support as, without them, we would not be able to deliver the service and training programme to the client groups or the wider community.

We continue to hold 1-day training events throughout the year and, to date, have delivered The Mind of a Perpetrator to a mixed group of 6 practitioners in May. A further 10 practitioners from Praxis attended another 1-day training event in September, covering Domestic Abuse: Basic Awareness and How to Ask the Question, in addition to delivering a half-day training session on Domestic Abuse: Basic Awareness to 28 staff from Welfare Services, WELB, at the Omagh Technical Centre.

During the year, we continued to deliver existing training programmes to Foyle Women's Aid staff and we plan to deliver Volunteer Training in September 2015, as well as 8 staff at Foyle Women's Aid receiving training in our new course, OCN Level 3 Skills for Understanding and Responding Professionally to Domestic Abuse. We are pleased to say that all participants received their certificates of accreditation for completion of this accredited training.

AVERT TRAINING REPORT 2014/2015

In addition to this, we continue to be supported by Western Health & Social Care Health Improvement Agency to deliver training in Derry and Omagh. Throughout the year, we plan to reach over 100 participants to help increase public awareness of domestic abuse and build community capacity to respond to the needs of those affected by domestic abuse. I would like to thank this agency for their continued support.

This was a great achievement for Avert and increased our enthusiasm to develop and deliver preventative Domestic Abuse Training.

Finally, I would like to thank the members of the Avert Management Committee for all their help and support during this year and I look forward to their continuing support in 2015-2016.

Tracy Healy
Business/Development Manager
Avert Training Ltd.



Avert Information Stand



FINANCE Report

2014/15

In 2014, Foyle Women's Aid's annual Christmas Appeal received valuable support and funding of £6,832 from CHNI, Diocese of Derry, Seagate, Father M. Canny, Donnelly & Taggart and Londonderry Port & Harbour, as well as numerous private donations.

This money was distributed throughout the Christmas period by providing hampers for the women in residence, Christmas gifts for the children, gas and electric top-ups for the women in residence and oil fills for women in the community.

As with every year, we hold a Christmas party for the women and children where Santa and Mrs Claus hand out the gifts to the children and a hot buffet is provided for all who attend. Any underspend from this appeal goes back into supporting the women and children throughout the year.

Other funding received within the year was from Big Lottery: Awards for All for £10,000 – this was for a Fun Club that delivered a programme that included individual, group work and one-to-one specialist sessions to build confidence in a community setting.

The Development & Health Network funded a Pharmacy Programme for which we received £4785.50. The Pharmacy Programme promotes and supports local communities to work in partnership with a community pharmacist to address local health and social wellbeing needs.



PSNI Body-Worn Cameras Demo



Mayor Brenda Stevenson's Christmas Visit

Building Healthy Relationships

*"I have noticed I am starting to blossom and discover the real me."
(Oct - Dec 2014)*

*"I see what's at stake when I react inappropriately."
(Jan - Mar 2015)*

"Today, this group has given me the courage to be strong. I met some great people who understand me more, even than my family." (Oct - Dec 2014)

"I am Hazel & I am very confident today; took a lot from this morning, especially the stones exercise." Oct - Dec 2014

*"I feel supported; feel good about how far I have come."
(Oct - Dec 2014)*

*"My positive intention is to listen"
(Jan - Mar 2015)*

"Today I felt emotional, more joy thinking how comfortable and safe I feel." (Oct - Dec 2014)

"I feel really good about what I learned today."

"I am not on my own, good friends to share thoughts/feelings." (Oct - Dec 2014)

*"Today, I feel armed with a thought process, which will give clarity to different situation"
(Jan - Mar 2015)*

"Today, this group has given me the support to be positive about the future. (Jan- Mar 2015)

“Feel really good about being here today.”

“This group has helped me know more about relaxation”

“My positive intention is to use these techniques and never get to depression.”

“I feel really good about myself and coming to a better place with myself.”

“My name is Isobel and I am getting to know who I am.”

“I’m back on course again”

Pharmacy
Programme

”

”



AVERT EXTERNAL TRAINING

Domestic
Abuse &
How to Ask the
Questions

3. Please list 3 ideas or lessons that you learned during this training that you will take back to your workplace.

“Excellent, risk factors to recognise”

“Safety important in healthy relationship, Thinking & Leaving DVD, i.e. how female is feeling, safety planning and signposting.”

“What is a healthy relationship, how difficult it is for victims to leave home, how to engage victim/person into a making a disclosure.”

“How hard it is for people to leave, cycle of violence, helplines and organisations available.”

“DA covers sexual, verbal, emotional and physical; it is a crime and takes a woman/man 35 times to leave, how to approach/talk about DA”

“Understanding cycles of abuse, better understanding of barriers people take to seeking help, ability to empathise - signposting info ”

“Needs/risks, action/outcome, appreciation of complexity”

“Shared learning, signposting, stats”

“Exercise on actions/needs/risks, non-judgemental attitude, safe environment for clients to disclose”

“Helpline number doesn’t appear on phonebook, website doesn’t show on history, support plan.”

WHAT ARE YOU LEAVING WITH TODAY?

“Ideas and inspiration to take back to direct work with clients and families.”

“Tools and information to use with clients and families.”

“Opportunities to reflect and share practice.”

Perpetrator
Programme

THANK YOU TO ALL OUR FUNDERS

Supporting People NIHE, Western Health & Social Care Trust, Derry City Council, PBNI/MODV, Derry Policing & Community Safety Partnership, DHSSPS, Big Lottery Fund North West Development Office, Cash for Kids



Jephcott Charitable Trust



Western Health
and Social Care Trust

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NI 23041

Date of Incorporation
6 September 1981

Charity Number
NIC103223

Auditors
Baxters Associates

Bank
Danske Bank

Solicitors
Caldwell & Robinson Solicitors

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