Get Help

If you find yourself in immediate danger call 999

Contact the 24 hour Domestic Violence Helpline on 0808 802 1414 TEXT support 077 97805839

The Helpline is open to all women and men who are affected by domestic abuse.

Contact Foyle Women's Aid on 028 7141 6800

Check out our website

www.foylewomensaid.org

for more information.

Talk to someone — a friend, a relative, a trusted colleague.

You may not be ready to leave your relationship yet but it is important to look after yourself and start thinking about how you can protect yourself.

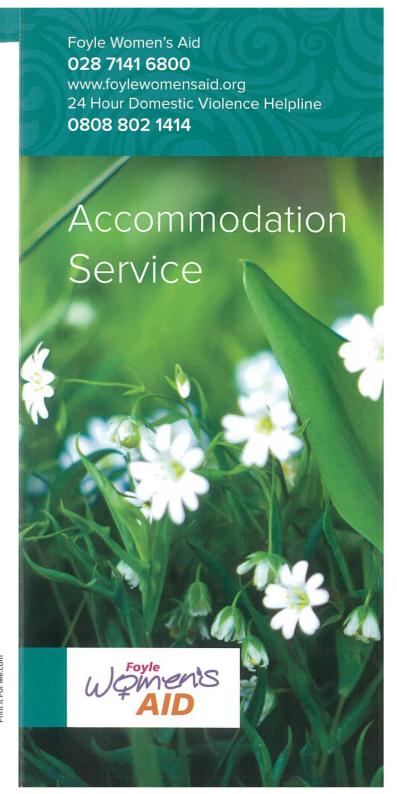
Foyle Women's Aid can help you to draw up a Safety Plan – see over >

A Safety Plan

- Keep your mobile phone in credit and charged.
- Have a list of or memorise emergency numbers.
- Identify safe areas of the house and escape routes.
- · Put money aside for taxi or bus fares.
- · Have extra set of car/house keys.
- Pack an emergency bag in case you have to leave in a hurry.
- Gather important documents together e.g. passport, birth/marriage certificates, bank books, legal orders, list of medications etc.
- Tell a friend or neighbour what is happening.

Your Safety is a Priority

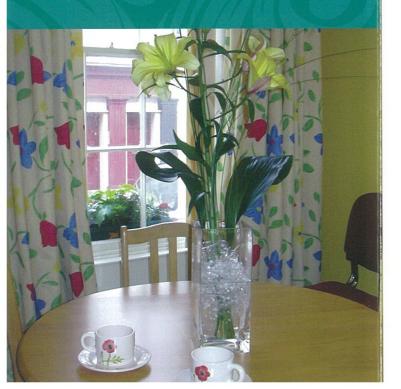




Foyle Women's Aid offers safe, supported, short term accommodation for women or women and their children who have to leave their homes for their own safety due to domestic violence.

We provide fully furnished and equipped one, two and three bedroom purpose-built self-contained flats and houses where families can live until they return to their own home, or move on to new permanent accommodation.

Support staff will provide practical and emotional support to families. Safety and confidentiality are a priority and security systems are in place.



Who can live in our accommodation?

Women aged over 17, and women and their children of all ages, who are homeless, or at risk of homelessness due to domestic abuse, sexual exploitation or human trafficking.

Accommodation is available to any woman regardless of race, religion, political persuasion, sexual orientation, ethnic origin.

How can I apply?

We take referrals from women themselves, and from statutory and voluntary agencies. We also take enquiries from family and friends with the victim's consent.

Telephone Foyle Women's Aid on **028 7141 6800** or check out our website on **www.foylewomensaid.org** for more information.

How long can I stay?

Foyle Women's Aid accommodation is short term temporary accommodation. Some women stay until they have legal orders in place and it is safe to return home. For others it may not be an option to return home, and they can stay with us as they explore other housing options with their support worker.

Will I have to share facilities?

NO. All accommodation provided by Foyle Women's Aid is fully self-contained. Each unit comes equipped with furniture and appliances, including washing machines, TVs etc.

Will I be safe?

Foyle Women's Aid strives to keep the location of its secure accommodation as confidential as possible. In addition there are security systems and CCTV in place as well as an emergency on call system.

How much does it cost?

Rents are in line with similar accommodation in the community.

Applicants must have recourse to public funds, be eligible for Housing Benefit or be able to pay the rent from own resources.

What about my children?

Children live with their mother in their accommodation and Foyle Women's Aid has childcare staff who can support mothers to help their children settle in and adjust. Teenage sons over the age of 16, who are often not admitted to communal refuges, **CAN** live with their mothers at our accommodation.